



Activities January 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Free Wellness Clinic By Homecare Solutions Monday January 14th Monday January 28th at 11:00am In the Media Room		<i>New Year's Day!</i> 1 10:00 Morning Gather 10:30 Exercise 1:30 Poker 3:00 Trivia	2 10:30 Exercise 1:30 Packing up all the Christmas Decorations 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	3 *9:30 Dollar Tree 2:00 Residents Meeting 3:00 Pub Time 6:15 Spelling Bee	4 *10:00 Chair Pilates w/ Maureen 1:30 The Walking Club 3:00 Pub Time 6:15 BINGO	5 10:00 Morning Gather 10:30 Exercise 1:00 SCAT 2:00 Movie & Popcorn
10:00 Morning Gather 6 by Residents 11:00 Ecumenical Service 1:30 Horse Race 3:00 Sing-a-long 6:15 Movie & Popcorn	10:00 Morning Gather 7 10:30 Exercise 2:00 Entertainment w/ Banjo Joe 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 8 10:30 Exercise *1:30 Manicures 2:00 Book Club 3:00 Pub Time 6:15 Trivia	10:00 Morning Gather 9 10:30 Exercise 1:00 Podiatrist 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	*9:30 Target & Starbuck's 1:30 Poker 3:00 Pub Time 6:15 Spelling Bee	10:00 Morning Gather 11 10:30 Exercise 2:00 Karaoke w/ Judy 3:00 Pub Time 6:15 BINGO	12 10:00 BINGO w/ Grace Baptist Church 1:00 Pokeno 2:00 Movie & Popcorn
10:00 Morning Gather 13 by Residents 11:00 Ecumenical Service 1:30 BINGO 3:00 Pub Time 6:15 Movie & Popcorn	10:00 Morning Gather 14 10:00 Yoga w/ Beth 11:00 Wellness Clinic 1:30 Bean Bag Toss 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 15 10:30 Exercise 2:00 Ladies Winter Tea 3:00 Pub Time 6:15 Trivia	10:00 Morning Gather 16 10:30 Exercise 1:30 Pokeno 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	10:30 Exercise 17 *11:30 Lunch Bunch-Olive Garden 1:30 LCR 3:00 Pub Time 6:15 Spelling Bee	10:00 Morning Gather 18 10:30 Exercise 1:30 The Walking Club 3:00 Pub Time 6:15 BINGO	19 10:00 Morning Gather 10:30 Exercise 1:00 Poker 2:00 Movie & Popcorn
10:00 Morning Gather 20 by Residents 11:00 Ecumenical Service 1:30 Horse Race 3:00 SCAT 6:15 Movie & Popcorn	Martin Luther King Day 21 10:00 Morning Gather 10:30 Exercise 1:30 Golf 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 22 10:30 Exercise 2:00 Birthday Party w/ MOCO 3:00 Pub Time 6:15 Trivia	10:00 Morning Gather 23 10:30 Exercise 1:30 Drama Club 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	10:00 Entertainment 24 w/ Jeff Thomas 1:30 SCAT 3:00 Pub Time 6:15 Spelling Bee	10:00 Morning Gather 25 10:30 Exercise 1:30 The Walking Club 3:00 Pub Time 6:15 BINGO	26 10:00 Morning Gather 10:30 Exercise 1:00 Pokeno 2:00 Movie & Popcorn
10:00 Morning Gather 27 by Residents 11:00 Ecumenical Service 1:30 Horse Race 3:00 Scrabble 6:15 Movie & Popcorn	10:00 Morning Gather 28 10:00 Yoga w/ Beth 11:00 Wellness Clinic 1:30 Ping Pong 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 29 10:30 Exercise 2:00 Sign Ups for February 3:00 Pub Time 6:15 Trivia	10:30 Exercise 30 12:15 Men's Lunch 1:30 Sing-a-long 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 31 10:30 Exercise 1:30 Respectful Beats-Drumming 3:00 Pub Time 6:15 Spelling Bee	Quote of the Month "Nothing is ever lost by courtesy. It is the cheapest of pleasures, costs nothing, and conveys much." - Erastus Wiman	

Activities are subject to change. Please check the daily activities sheets on the bulletin boards.