




















Activities January 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Visit w/ Dr. Kumar's Nurse Practitioner Brett Tues. 1/5 1:30-4:30pm Please call their office to schedule an appointment!	Please wear your mask & keep 6ft apart when you are around others!	<i>"Kindness is like snow- It beautifies everything it covers."</i>			New Year's Day! ¹ The Hallmark Channel will be on in the Media Room all day!	² 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 Spelling Bee  3:00 Pub Time
³ 2:00 Movie 6:30 Movie	⁴ 10:00 Morning Gather 10:30 Exercise for 1 st & 2 nd Floor 1:30 Indian Hill Virtual Performance by Guitarist Albino Mbie 3:00 Pub Time 6:30 Movie	⁵ 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 Packing up all the Holiday Decorations 1:30-4:30 Visit w/ Nurse Practitioner Brett 3:00 Pub Time	⁶ 10:00 Morning Gather 10:30 Exercise for 2 nd & 3 rd Floor 2:00 Residents Meeting 3:00 Pub Time	⁷ 10:00 Morning Gather 10:30 Exercise w/ Heather for 1 st & 2 nd Floor 1:30 Horse Race  1:30 Crossword Puzzles 3:00 Pub Time	⁸ 10:00 Morning Gather 10:30 Exercise for 2 nd & 3 rd Floor 1:30 BINGO 1:30 The Walking Club  3:00 Pub Time 6:30 Movie	⁹ 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 Long Word, Short 3:00 Pub Time
¹⁰ 2:00 Movie 6:30 Movie	¹¹ 10:00 Morning Gather 10:30 Exercise for 1 st & 2 nd Floor 1:30 Meet & Greet 3:00 Pub Time 6:30 Movie	¹² 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:15 Adventures in Lifelong Living Virtual Session 3:00 Pub Time	¹³ 10:00 Morning Gather 10:30 Exercise for 2 nd & 3 rd Floor  1:30 Prize BINGO 1:30 The Walking Club 3:00 Pub Time	¹⁴ 10:00 Morning Gather 10:30 Exercise w/ Heather for 2 nd & 3 rd Floor  1:30 Spelling Bee 1:30 Knit & Crochet  3:00 Pub Time	¹⁵ 10:00 Pilates w/ Maureen  1:30 BINGO 1:30 Charades 3:00 Pub Time 6:30 Movie	¹⁶ 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 Scattogories 3:00 Pub Time
¹⁷ 2:00 Movie 6:30 Movie	¹⁸ Martin Luther King Day! 10:00 Morning Gather 1:30 Trivia 6:30 Movie	¹⁹ 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 Spelling Bee  1:30 Wii Price is Right 3:00 Pub Time	²⁰ 10:00 Morning Gather 10:30 Exercise for 2 nd & 3 rd Floor  1:30 Prize BINGO 1:30 The Walking Club 3:00 Pub Time	²¹ 10:00 Morning Gather 10:30 Exercise w/ Heather for 1 st & 3 rd Floor 1:00 Podiatrist  3:00 Pub Time	²² 10:00 Morning Gather 10:30 Exercise for 2 nd & 3 rd Floor 1:30 BINGO 1:30 Hangman 3:00 Pub Time 6:30 Movie	²³ 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 ReFraze Game 3:00 Pub Time
²⁴ 2:00 Movie 6:30 Movie	²⁵ 10:00 Morning Gather 10:30 Exercise for 1 st & 2 nd Floor *1:30 Snowman Craft  3:00 Pub Time 6:30 Movie	²⁶ 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 Trivia  1:30 Knit & Crochet 3:00 Pub Time	²⁷ 10:00 Morning Gather 10:30 Exercise for 2 nd & 3 rd Floor  1:30 Prize BINGO 1:30 The Walking Club 3:00 Pub Time	²⁸ 10:00 Morning Gather 10:30 Exercise w/ Heather for 1 st & 2 nd Floor  1:30 Spelling Bee 1:30 Wii Wheel of Fortune 3:00 Pub Time	²⁹ 10:00 Pilates w/ Maureen  1:30 BINGO 1:30 Long Word, Short 3:00 Pub Time 6:30 Movie	³⁰ 10:00 Morning Gather 10:30 Exercise for 1 st & 3 rd Floor 1:30 Horse Race  3:00 Pub Time
³¹ 2:00 Movie 6:30 Movie	Activities are subject to change. Please check the daily activities sheets on the bulletin boards.					