



Activities - September 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Free Wellness Clinic

By Homecare Solutions

Monday September 10th at 11:00am

Monday September 24th at 11:00am

In the Media Room



10:00 Morning Gather 2 11:00 Ecumenical Service 1:30 Horse Race 3:00 Sing-a-long 6:15 Movie & Popcorn	10:00 Morning Gather 3 10:30 Exercise 1:30 Bean Bag Toss 3:00 Pub Time 6:15 BINGO	10:30 Exercise 4 11:00 Fall Prevention 1:30 Poker 2:15 Spiritual Group 3:00 Pub Time 6:15 Trivia	10:30 Exercise 5 1:30 The Walking Club 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	*9:30 Walmart 6 2:00 Residents Meeting 3:00 Pub Time 6:15 Spelling Bee	10:00 Morning Gather 7 10:30 Exercise 2:00 Wayne Paige 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 1 10:00 Exercise 1:00 SCAT 2:00 Movie & Popcorn
National Assisted Living 9 Week Starts 11:00 Ecumenical Service 11:30-1:30 Family BBQ 6:15 Movie & Popcorn	10:00 Yoga w/ Beth 10 11:00 Wellness Clinic 1:30 Nostalgic Picture Day 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 1 10:30 Exercise 1:30 Wheel of Fortune 3:00 Pub Time 6:15 Trivia	10:30 Exercise 12 1:30 Photo Booth 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	*9:30 Market Basket 13 1:30 Stress Reduction Workshop 3:00 Pub Time 6:15 Spelling Bee	10:00 Morning Gather 14 10:30 Exercise 2:00 Karaoke w/ Judy 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 15 10:00 Exercise 1:00 Poker 2:00 Movie & Popcorn
10:00 Morning Gather 16 11:00 Ecumenical Service 1:30 Horse Race 3:00 5 Second Rule 6:15 Movie & Popcorn	10:00 Morning Gather 17 10:30 Exercise 1:30 Lawn Darts 3:00 Pub Time 6:15 BINGO	10:00 Southboro Singers 18 *1:30 Manicures 2:00 Book Club 3:00 Pub Time 6:15 Trivia	10:30 Exercise 19 1:30 Drama Club 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	10:30 Exercise 20 *12:00 Indian Hill 1:30 The Walking Club 3:00 Pub Time 6:15 Spelling Bee	10:00 Morning Gather 21 10:30 Exercise *1:30 Foot Soaks 3:00 Pub Time 6:15 BINGO	Autumn Begins 22 10:00 Morning Gather 10:00 Exercise 1:00 Pokeno 2:00 Movie & Popcorn
10:00 Morning Gather 23 11:00 Ecumenical Service 1:30 Golf 3:00 Sing-a-long 6:15 Movie & Popcorn	10:00 Yoga w/ Beth 24 11:00 Wellness Clinic 2:00 Banjo Joe 3:00 Pub Time 6:15 BINGO	10:30 Exercise 25 2:00 Birthday Party w/ MOCO 3:00 Pub Time 6:15 Trivia	10:30 Exercise 26 12:15 Men's Lunch 1:30 The Walking Club 1:30 Knit & Crochet 3:00 Pub Time 6:15 BINGO	10:30 Exercise 27 *11:30 Lunch- The Chateau 1:30 Fall Craft 3:00 Pub Time 6:15 Spelling Bee	10:00 Morning Gather 28 10:30 Exercise 2:00 Sign Ups for October 3:00 Pub Time 6:15 BINGO	10:00 Morning Gather 29 10:00 Exercise 1:00 SCAT 2:00 Movie & Popcorn
10:00 Morning Gather 30 11:00 Ecumenical Service 1:30 Horse Race 3:00 Skip Bo Card Game 6:15 Movie & Popcorn	National Assisted Living Week "Capture the Moment" September 9-15, 2018					

Activities are subject to change due to cancellations. Please check the daily activities sheets on the bulletin boards.