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| **RESIDENT’S FALL FAIR**  **Saturday, November 3RD, 2018**  We have begun collecting items for our Resident Fall Fair and are accepting donations of:  *lamps, vases, furniture, household goods and handmade items.*  **WE NOW HAVE A LOCATION TO HOUSE THESE ARTICLES.**  **IF YOU HAVE ANY DONATIONS,**  **PLEASE SEE EITHER PAT M. or SILVIA R.** |
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**SPECIAL EVENTS**

**08/01; 2:00PM – CONCERT by JEFFREY FOLMER**

**08/05; 2:00PM – CONCERT by KAREN EMERSON**

**08/07; 2:00PM – CONCERT by WAYNE PAIGE**

**08/15; 2:00PM – RESIDENT BIRTHDAY PARTY  
 with music by Gary Landgren**

**08/19; 2:00PM – CONCERT by LYRICA STRINGS**

**08/31; 12:00PM – MEN’S DINNER in PUB**

**EDUCATIONAL PROGRAMS**

**08/14; 1:15 PM to 3:45PM – FILM VIEWING and DISCUSSION**

**08/16, 08/23, 08/30; 6:30PM – FRENCH NEW WAVE FILM VIEWING**

**08/13; 2:00PM – CHAIR YOGA DEMONSTRATION**

**08/22; 2:00PM – “CIVIL WAR” History lecture**

**08/27; 1:00PM – “USE OF ASSISTIVE DEVICES, FALLS, & GOALS FOR RESIDENTS RECEIVING PT/OT” Health Care Lecture by Encompass Health Care**

**08/27; 2:00PM “FALLS PREVENTION and WALKER ASSESSMENT” Health Care Lecture by Encompass Health Care**

**MEETINGS**

**08/02, 08/09, 08/16, 08/23, 08/30; 1:00PM – CHORAL GROUP REHEARSALS**

**08/08; 2:00PM – RESIDENT COUNCIL MEETING**

**08/09, 08/23; 2:00PM – QUILTING with SALLY**

**08/06, 08/13, 08/20, 08/27; 6:30PM – SPANISH CLASSES**

**WEEKLY WEDNESDAY**

**COOKOUTS FOR RESIDENTS**

**08/01 –** Sign up on or after Friday, 07/27

**08/08 –** Sign up on or after Friday, 08/03

**08/15 –** Sign up on or after Friday, 08/10

**08/22 –** Sign up on or after Friday, 08/17

**08/29 –** Sign up on or after Friday, 08/24

***Cookouts require a sign-up at the front desk, one cookout at a time,***

***only after the menu has been posted.***

**RELIGIOUS SERVICES**

**08/01, 08/12, 08/19, 08/26; 10:00AM – “CHALICE of SALVATION” TV Mass**

**08/12; 7:00PM – ECUMENICAL SERVICE**

**UPCOMING TRIPS**

**08/07; 1:15PM – SHOPPING: BIG Y**

**08/14; 1:15PM – SHOPPING**: **WALMART**

**08/22; 10:15AM – SHOPPING: WALMART   
WITH HANDICAP VAN *(1 WHEELCHAIR OR SCOOTER****)*

*\** ***All******trips require sign-up at the Front Desk*SALON**

**EVERY TUEDAY and THURSDAY; 9:00AM - 3:00PM**

***Appointments available at the Front Desk*IN-HOUSE SERVICES**

**08/23; 9:00AM – ON-SITE BANKING**

**Please keep checking our Activity Boards on each floor for updates and any changes to our schedule!**

**Our Staff**

Denise Jones Executive Director

Jackie Dionne Resident Service Manager

Geralyn Rodgers Marketing & Admissions Director

Shirley Shaw Director of Social Services

Diane Godek Activities Director

Nicholas Morin Executive Chef

Karl Johnson Maintenance Director

Lindsay DeSimone Administrative Assistant

**NEW HANDICAP TRANSPORTATION CO. TRIAL FOR AUGUST**

As you may be aware, CH provides one shopping trip in a hired handicap accessible van per month. At the last resident council meeting, it was decided that we’d try a new company for this service. **So, on Wednesday, August 22nd, we will be leaving with Hulmes Transportation promptly at 10:15am and returning about 11:45am**. This van cannot accommodate us in the afternoons as the other company did. So all those who sign up must be at the front desk ready to go by 10:10am!

**FILM VIEWING & DISCUSSION GROUP**

Join us **Tuesday, August 14th between 1:15pm and 3:45pm** to preview the exploration of French New Wave cinema.  We will be viewing “**The 400 Blows**”, Written and Directed by François Truffaut.  The viewing will be preceded by a short lecture about the French New Wave movement, followed by a discussion about the film.  In addition to the Tuesday viewing, **residents will have the opportunity to view additional French New Wave films Thursday, August 16TH, 23RD and 30TH from 6:30pm - 8:30pm in the classroom.**  Thanks, Kerry

Quote of the Month

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| ***The HAPPENINGS***  **A new place to call home**  **in a community that cares**  50 Village Hill Road| Northampton, MA 01060-3666|413-584-0701 | www.christopherheights.com        Christopher Heights is always interested in keeping our residents safe. It is important to remember a few things to communicate to the staff; such as remembering to always sign out your family member when taking them out of the building. We also have sign-in book for all visitors entering the building. In case of an emergency, in either situation, we need to know who is in the building and who is out. Thank for helping us keeping our residents safe. Warmly, Denise Jones           * **August 2018**Related imageImage result for September images2011 <strong>summer</strong> schedule date event grades location cost june july <strong>summer</strong> ...         **Quote of the Month “Happiness is when what you think, what you say, and what you do are in harmony.”**  **RESIDENT COOKOUTS**  **EVERY WEDNESDAY**  **12:00PM – 1:00PM**  Now that the summer is in full swing, we are hosting our weekly cookouts. The cookout is added extra to our regular meals here at Christopher Heights. So far this year we have had 3 different meals for these events ranging from cheese burgers, foot long hot dogs and barbecued chicken. More delicious meals are on their way!  Since we only have limited space for 16 residents, you must sign- up at the front desk. **This year our policy is that you may only sign-up for one cookout at a time and only after the cook out menu for the upcoming week is posted on Friday. If you don’t get on the list for that cookout, you will be put on the waiting list. However, you will not automatically be put on the regular list for the next one if you don’t make it.**  We hope to eliminate any confusion and give all residents who wish the opportunity to sign up. On cookout days, we will continue to serve our planned meals in both the 1st and 2nd floor country kitchens. Please frequently check the Activity bulletin boards located next to the elevators on all 3 floors for updates and changes.  You’re Invited!  COMMUNITY OPEN HOUSE  WEDNESDAY, SEPTEMBER 12TH, 2018  3:00PM - 5:00PM  Enjoy wine, beer and delicious hors d’oeuvres with entertainment provided by Patrick Tobin, performing a Frank Sinatra Tribute!  PROFESSIONALS, RESIDENTS,  FAMILY AND FRIENDS,  PLEASE TAKE THIS OPPORTUNITY TO VISIT OUR BEAUTIFUL COMMUNITY, MEET OUR STAFF, MINGLE AND ENJOY THE MUSIC!  WE WILL HAVE RAFFLE PRIZES!  **For more information,  contact our Marketing Director, Geralyn Rodgers** |

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| RESIDENT BIRTHDAYS  **Rita B. Therese K**  **Nancy K. Judy Q.**  **Mary H. Cabelle R.** | **PLEASE NOTE  Christopher Heights shopping trips to Stop & Shop on 08/07 and Walmart on 08/14 & 08/22 require a sign up at the Front Desk** | **Our trip to Walmart on 08/22 will be in a *Handicap Van*. Please make sure that you sign up early if you need this accommodation.  \*PLEASE NOTE THAT WE ARE TRYING A NEW COMPANY FOR THIS TRIP AND WE WILL NOW LEAVE AT 10:15 AM** | Image result for Cookout**1**  **10:00 Current Events**  **10:30 Exercise**  **12:00 RESIDENT COOKOUT**  Image result for reading images**2:00 CONCERT by JEFFREY FOLMER**  **3:30 Social Hour**  **6:00 Literary Time**  ***Poetry/story reading or book club*** | **2**  **10:00 Where were you in 1965?**  [Image result for chorus](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwilpZTL86jSAhVH04MKHdDWAocQjRwIBw&url=http://lres.hcbe.net/?PageName=LatestNews&Section=Highlights&ItemID=227447&ISrc=School&Itype=Highlights&SchoolID=2161&psig=AFQjCNHLzZPK1XnQ_a7YftKbGY7wiam8JA&ust=1488031533262764)**10:30 Exercise**  **1:00 Choral Group Rehearsal**  **3:30 Social Hour**  [Image result for dice](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjwjMCC-ajSAhWd8oMKHbQ7CWIQjRwIBw&url=http://www.quickanddirtytips.com/education/grammar/why-the-plural-of-%E2%80%9Cdie%E2%80%9D-is-%E2%80%9Cdice%E2%80%9D-not-%E2%80%9Cdouse%E2%80%9D&bvm=bv.148073327,d.amc&psig=AFQjCNF3dQ7EJ4P2gAyuHSwOBm3wTMkIAA&ust=1488032974875136)**6:00 Game Night** | **3**  **10:00 Current Events**  **10:30 Exercise**  **2:00 BINGO**  **3:30 Social Hour**  Image result for Musical Image**6:00 Friday Movie – “The Phantom of the Opera “2004 Romantic Drama** | Image result for exercise clipart**4**  **10:00 Current Events**  **10:30 Exercise**  **2:00 BINGO**  **3:30 Social Hour** |
| Related image **5**  Image result for exercise clipart**10:00 Current Events**  **10:00 “CHALICE of SALVATION” TV Mass**  **10:30 Exercise**  **2:00 CONCERT BY KAREN SMITH EMERSON**  **3:30 Social Hour** | **6**  **10:00 Current Events**  https://media4.picsearch.com/is?9HLRpHX38_bQDJkuXXDPzEkyOr8ZRB2FHZyMCjDiTtY&height=225**10:30 Exercise**  **2:00 Wii Bowling**  Image result for spanish class clipart**3:30 Social Hour**  **6:30 Spanish Class** | **7**  **10:00 Sharing in a Group – Share a hobby, article, photo**  **10:30 Exercise**  **1:15 SHOPPING to BIG Y**  THE DAILY DRAGON: DECEMBER VACATION @ THE MOVIES!**2:00 CONCERT by WAYNE PAIGE**  **3:30 Social Hour**  **6:00 Mini Series Night – “Doctor Blake”** | Image result for Cookout **8**  **10:00 Current Events**  Image result for meeting**10:30 Exercise**  **12:00 RESIDENT COOKOUT**  **2:00 RESIDENT COUNCIL MEETING**  Image result for reading images**3:30 Social Hour**  **6:00 Literary Time**  ***Poetry/story reading or book club*** | **9**  [Image result for chorus](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwilpZTL86jSAhVH04MKHdDWAocQjRwIBw&url=http://lres.hcbe.net/?PageName=LatestNews&Section=Highlights&ItemID=227447&ISrc=School&Itype=Highlights&SchoolID=2161&psig=AFQjCNHLzZPK1XnQ_a7YftKbGY7wiam8JA&ust=1488031533262764)**10:00 Where were you in 1959?**  **10:30 Exercise**  Image result for quilt patterns**1:00 Choral Group Rehearsal**  **2:00 QUILTING with SALLY**  [Image result for dice](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjwjMCC-ajSAhWd8oMKHbQ7CWIQjRwIBw&url=http://www.quickanddirtytips.com/education/grammar/why-the-plural-of-%E2%80%9Cdie%E2%80%9D-is-%E2%80%9Cdice%E2%80%9D-not-%E2%80%9Cdouse%E2%80%9D&bvm=bv.148073327,d.amc&psig=AFQjCNF3dQ7EJ4P2gAyuHSwOBm3wTMkIAA&ust=1488032974875136)**3:30 Social Hour**  **6:00 Game night** | **10**  **10:00 Current Events**  **10:30 Exercise**  **2:00 BINGO**  **3:30 Social Hour**  Image result for documentary clipart**6:00 Friday Movie- “Mercury 13” 2018 documentary about women astronauts in the early 60’s** | Image result for exercise clipart **11**  **10:00 Current Events**  **10:30 Exercise**  Image result for documentary clipart**2:00 Movie Matinee “Mercury 13” 2018 documentary about women astronauts in the early 60’s**  **3:30 Social Hour** |
| Related image **12**  **10:00 Current Events**  **10:00 “CHALICE of SALVATION” TV Mass**  Image result for church clip art**10:30 Exercise**  **2:00 BINGO**  **3:30 Social hour**  **7:00 ECUMENICAL SERVICE** | **13**  **10:00 Current Events**  Image result for Chair Yoga**10:30 Exercise**  **2:00 CHAIR YOGA DEMONSTRATION**  **3:30 Social Hour**  Image result for spanish class clipart**6:30 Spanish class** | **14**  **10:00 Sharing in a Group – Share a hobby, article, photo**  **10:30 Exercise**  **1:15 – 3:45PM FILM VIEWING & DISCUSSION GROUP**  **1:00 SHOPPING to WALMART**  THE DAILY DRAGON: DECEMBER VACATION @ THE MOVIES!**3:30 Social Hour**  **6:00 Mini Series Night – “Doctor Blake Mysteries”** | Image result for Cookout**15**  **10:00 Current Events**  **10:30 Exercise**  **12:00 RESDIENT COOKOUT**  **2:00 RESIDENT BIRTHDAY PARTY with MUSIC by Gary Landgren**  Image result for reading images**3:30 Social Hour**  **6:00 Literary Time** | **16**  **10:00 Where were you in 1932?**  [Image result for chorus](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwilpZTL86jSAhVH04MKHdDWAocQjRwIBw&url=http://lres.hcbe.net/?PageName=LatestNews&Section=Highlights&ItemID=227447&ISrc=School&Itype=Highlights&SchoolID=2161&psig=AFQjCNHLzZPK1XnQ_a7YftKbGY7wiam8JA&ust=1488031533262764)**10:30 Exercise**  **1:00 Choral Group Rehearsal**  [Image result for dice](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjwjMCC-ajSAhWd8oMKHbQ7CWIQjRwIBw&url=http://www.quickanddirtytips.com/education/grammar/why-the-plural-of-%E2%80%9Cdie%E2%80%9D-is-%E2%80%9Cdice%E2%80%9D-not-%E2%80%9Cdouse%E2%80%9D&bvm=bv.148073327,d.amc&psig=AFQjCNF3dQ7EJ4P2gAyuHSwOBm3wTMkIAA&ust=1488032974875136)**3:30 Social Hour**  **6:00 Game Night**  **6:30 FILM VIEWING of FRENCH NEW WAVE FLIMS** | **17**  **10:00 Current Events**  **10:30 Exercise**  **2:00 BINGO**  **3:30 Social Hour**  [Image result for drama masks](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwibmL7l8obUAhXDchQKHTxTAK0QjRwIBw&url=https://clipartfest.com/categories/view/6afc8eb3eb38fb2abfc1abede3ceefddb543899c/clipart-drama-masks.html&psig=AFQjCNE9jh9ukr0UpCW2E8P_QnkQl1IF_Q&ust=1495659178377580)**6:00 Friday Movie - Music of Silence” 2017 Autobiographical Drama about tenor Andrea Bocelli** | Image result for exercise clipart **18**  **10:00 Current Events**  **10:30 Exercise**  [Image result for drama masks](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwibmL7l8obUAhXDchQKHTxTAK0QjRwIBw&url=https://clipartfest.com/categories/view/6afc8eb3eb38fb2abfc1abede3ceefddb543899c/clipart-drama-masks.html&psig=AFQjCNE9jh9ukr0UpCW2E8P_QnkQl1IF_Q&ust=1495659178377580)**2:00 BINGO**  **3:30 Social Hour** |
| **Related image 19**  **10:00 Current Events**  **Image result for exercise clipart10:00 “CHALICE OF SALVATION” TV Mass**  **10:30 Exercise**  **2:00 CONCERT BY LYRICA STRINGS QUARTET**  **3:30 Social Hour** | **20**  **10:00 Current Events**  **10:30 Exercise**  **2:00 Pictionary Game**  **3:30 Social Hour**  Image result for spanish class clipart**6:30 Spanish Class** | **21**  **10:00 Sharing in a Group – Share a hobby, article, photo**  Image result for bird houses cartoon**10:30 Exercise**  THE DAILY DRAGON: DECEMBER VACATION @ THE MOVIES!**2:00 FINISHING BIRDHOUSES  3:30 Social Hour**  **6:00 Mini Series Night – “Doctor Blake Mysteries”** | Image result for Cookout **22**  **10:15 SHOPPING TRIP IN**  **HANDICAP VAN**  **10:00 Current Events**  **10:30 Exercise**  **12:00 RESIDENT COOKOUT**  **2:00 HISTORY LECTURE “THE CIVIL WAR””**  Image result for reading images**3:30 Social Hour**  **6:00 Literary Time** | **23**  [Image result for chorus](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwilpZTL86jSAhVH04MKHdDWAocQjRwIBw&url=http://lres.hcbe.net/?PageName=LatestNews&Section=Highlights&ItemID=227447&ISrc=School&Itype=Highlights&SchoolID=2161&psig=AFQjCNHLzZPK1XnQ_a7YftKbGY7wiam8JA&ust=1488031533262764)**10:00 Where were you in 2002?**  **10:30 Exercise**  Image result for quilt patterns**1:00 CHORAL GROUP REHEARSAL**  **2:00 QUILTING with SALLY**  **3:30 Social Hour**  [Image result for dice](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjwjMCC-ajSAhWd8oMKHbQ7CWIQjRwIBw&url=http://www.quickanddirtytips.com/education/grammar/why-the-plural-of-%E2%80%9Cdie%E2%80%9D-is-%E2%80%9Cdice%E2%80%9D-not-%E2%80%9Cdouse%E2%80%9D&bvm=bv.148073327,d.amc&psig=AFQjCNF3dQ7EJ4P2gAyuHSwOBm3wTMkIAA&ust=1488032974875136)**6:00 Game Night**  **6:30 FILM VIEWING of FRENCH NEW WAVE FLIMS** | **24**  **10:00 Current Events**  **10:30 Exercise**  **2:00 BINGO**  **3:30 Social Hour**  [Image result for comedy](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjmxOyi8obUAhWH7BQKHYR0B9MQjRwIBw&url=http://mkenyaujerumani.de/tag/comedy/&psig=AFQjCNG4AxP0fLVyRErtHUDke6iVYUmTkw&ust=1495659043285072)**6:0 Friday – “Meet the Parents” 2000**  **Comedy with Robert De Niro and Ben Stiller** | Image result for exercise clipart **25**  **10:00 Current Events**  **10:30 Exercise**  **2:00 Movie Matinee – “Meet the Parents” 2000**  [Image result for comedy](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjmxOyi8obUAhWH7BQKHYR0B9MQjRwIBw&url=http://mkenyaujerumani.de/tag/comedy/&psig=AFQjCNG4AxP0fLVyRErtHUDke6iVYUmTkw&ust=1495659043285072)**Comedy with Robert De Niro and Ben Stiller**  **3:30 Social Hour** |
| Related image **26**  **10:00 Current Events**  **Image result for exercise clipart10:00 “CHALICE OF SALVATION” TV Mass**  **2;00 BINGO**  **10:30 Exercise**  **3:30 Social Hour** | **27**  **10:00 Current Events**  **10:30 Exercise**  **1:00 Lecture: “USE of ASSISTIVE DEVICES”**  **2:00 Lecture: “FALLS PREVENTION”**  Image result for spanish class clipart**3:30 Social Hour**  **6:30 Spanish Class** | **28**  **10:00 Sharing in a Group – Share a hobby, article, photo**  **10:30 Exercise**  **2:00 Painting Frames**  **3:30 Social Hour**  **6:00 Mini Series Night –**  THE DAILY DRAGON: DECEMBER VACATION @ THE MOVIES!**“Doctor Blake Mysteries”** | Image result for Cookout**29**  **10:00 Current Events**  **10:30 Exercise**  **12:00 RESIDENT COOKOUT**  Image result for reading images**2:00 Scrabble Game**  **3:30 Social Hour**  **6:00 Literary Time**  ***Poetry/story reading or book club*** | **30**  **10:00 Where were you in 1942?**  [Image result for chorus](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwilpZTL86jSAhVH04MKHdDWAocQjRwIBw&url=http://lres.hcbe.net/?PageName=LatestNews&Section=Highlights&ItemID=227447&ISrc=School&Itype=Highlights&SchoolID=2161&psig=AFQjCNHLzZPK1XnQ_a7YftKbGY7wiam8JA&ust=1488031533262764)**10:30 Exercise**  **1:00 CHORAL GROUP REHEARSAL**  [Image result for dice](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjwjMCC-ajSAhWd8oMKHbQ7CWIQjRwIBw&url=http://www.quickanddirtytips.com/education/grammar/why-the-plural-of-%E2%80%9Cdie%E2%80%9D-is-%E2%80%9Cdice%E2%80%9D-not-%E2%80%9Cdouse%E2%80%9D&bvm=bv.148073327,d.amc&psig=AFQjCNF3dQ7EJ4P2gAyuHSwOBm3wTMkIAA&ust=1488032974875136)**3:30 Social Hour**  **6:00 Game Night**  **6:30 FILM VIEWING of French NEW WAVE FLIMS** | **31**  **10:00 Current Events**  **10:30 Exercise**  **12:00 MEN’S DINNER**  [Image result for comedy](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjmxOyi8obUAhWH7BQKHYR0B9MQjRwIBw&url=http://mkenyaujerumani.de/tag/comedy/&psig=AFQjCNG4AxP0fLVyRErtHUDke6iVYUmTkw&ust=1495659043285072)**2:00 BINGO**  **3:30 Social Hour**  **6:00 Friday – “Walk the Line” 2005 Drama about the life of legendary country singer Johnny Cash** | **NEW AUGUST**  **MINI -SERIES**  Our Tuesday night mini-seiris will feathure **“Doctor Blake Mysteries**”, a BBC mini -series about an Australian doctor in the 1950’s. |

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