



May 2021

CHRISTOPHER HEIGHTS™

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>Mother's Day: Painting with Love Sunday, May 2nd, 2021 from 10:30- 11:30 & 1:30- 2:30 Please RSVP with Amanda Jean Lincoln AD at ALincoln@christopherheights.com or 508-792-1456 Rain Date: May 16th, 2021</p>		<p>Senior Health Fair Tuesday, May 18th, 2021 from 1-3 pm in the Pub Come Down and Celebrate National Senior Citizen Day!</p>			<p>Kentucky Derby Day ! 10:00 Exercise with Weights 10:30 Crafters' Corner: Making Kentucky Derby Hat 2:00 \$1 Bingo 3:30 Kentucky Derby Horse Race Game & Mint Julep Social 6:00 Cinema Club Movie Night: Seabiscuit</p>
<p>World Laughter Day ! 10:00 Catholic Mass <i>10:30 Mother's Day Event</i> 10:30 Pastry & Coffee <i>1:30 Mother's Day Event</i> 2:00 Prize Bingo 3:30 Comedy Club- Loretta L 6:00 Classic Sitcom Night- Star Trek The Original Series</p>	<p>10:00 Lower Body Exercise 10:30 This Week in History 2:00 Candy Pokeno 3:00 Nutty Knitters - Pub 3:30 Biography Chat & Documentary: Joe DiMaggio 6:00 Concerts with Peg</p>	<p>10:00 Band Exercise 10:30 Activity Planning with Amanda 2:00 Discussion & Chat w/ Jenny 2:30 Bunco Game 3:30 Ice Cream & Name that TV Show Game 6:00 \$1 Bingo Night</p>	<p>Happy Cinco de Mayo ! 10:00 Dance Exercise 10:30 Cinco de Mayo History 2:00 Long Word w/ Jenny- Media 2:30 Friendship Support Group-3F 2:30 Outdoor Walking Club 3:00 Sombrero Coin Toss & Nacho Party! 6:00 Wii Bowling</p>	<p>Jamaica Day ! Wear Green, Yellow and Black! 9:30 Neighborhood Visits 10:00 Balance Exercise <i>12:00 Diners' Club Luncheon - Coney Island</i> 2:00 Travel Club- Jamaica 2:30 Scrabble Game 3:30 Happy Hour & Jamaican Treats 6:00 Candy Pokeno Night</p>	<p>10:00 Yoga Stretches & Meditation 10:30 Meditation & Aromatherapy <i>1:30 Theater Chat with Martha: Musical TBD See Flyer</i> 2:00 Music History & Chats with Richard 2:30 \$1 Poker Game- Pub 6:00 Netflix - Series Anne with a E 6:00 News Chats with Martina</p>	<p>10:00 Exercise with Weights 10:30 You Be The Judge 2:00 \$1 Bingo 3:30 Wii Tennis Tournament 6:00 Cinema Club Movie Night: In Love & War - Sandra Bullock</p>
<p>Happy Mother's Day ! 10:00 Catholic Mass 10:30 Pastry & Coffee & Current Events Social 2:00 Prize Bingo 3:00 Outdoor Concert: Instrumental Flute and Clarinet With Clyde W 6:00 Classic Sitcom Night- Star Trek The Original Series</p>	<p>10:00 Lower Body Exercise 10:30 20 Questions Trivia Game 2:00 Candy Pokeno 3:00 Nutty Knitters - Pub 3:30 Scrabble & Card Games 6:00 Concerts with Peg</p>	<p>10:00 Band Exercise 10:30 Word Scramble 2:00 Discussion & Chat w/ Jenny 2:30 Left Right Center Card Game 3:30 Ice Cream & Wheel of Fortune Game 6:00 \$1 Bingo Night</p>	<p>Space Day !! 10:00 Dance Exercise 10:30 Life Long Learning Famous Astronaut Discussion 2:00 Jeopardy w/ Jenny- Media 2:30 Outdoor Walking Club 3:30 Science Club- Space & How Things Work in Space! Fun with Experiments !! 6:00 Wii Bowling</p>	<p>9:30 Neighborhood Visits 10:00 Balance Exercise 2:00 Travel Club- Nevada - Reno ! 2:30 Garden Club & Flower Chat 3:30 Happy Hour & Card Shark Game 6:00 Candy Pokeno Night</p>	<p>10:00 Yoga with Linda D 10:30 Technology Club- Pub 2:00 Music History & Chats with Richard 3:00 Creative Arts - Flowers and Silhouettes 6:00 Netflix - Series Anne with a E 6:00 News Chats with Martina</p>	<p>National Fudge Month ! 10:00 Exercise with Weights 10:30 Word Nut Scramble Game 2:00 \$1 Bingo 3:30 Baking Club- Making Homemade Fudge 6:00 Cinema Club Movie Night: Deadly Companions- John Wayne</p>
<p>10:00 Catholic Mass 10:30 Pastry & Coffee & Current Events Social 2:00 Prize Bingo 3:30 Biography Chat & Iced Tea- Irving Berlin 6:00 Classic Sitcom Night- Star Trek The Original Series</p>	<p>10:00 Lower Body Exercise 10:30 This Week in History 2:00 Candy Pokeno 3:00 Nutty Knitters - Pub 3:30 Crafting with Diane & Pat 6:00 Concerts with Peg</p>	<p>National Senior Citizen Day ! 10:00 Band Exercise 10:30 Cranium Crunches <i>1:00 Senior Health Fair 1-3 -Pub</i> 2:00 Discussion & Chat w/ Jenny 2:30 Outdoor Walking Club 3:30 Ice Cream & Price is Right Game 6:00 \$1 Bingo Night</p>	<p>10:00 Dance Exercise 10:30 Baseball Trivia <i>1:00 Trivia Contest - Get Questions at Front Desk</i> 2:00 Long Word w/ Jenny- Media 2:30 Scat Card Game 3:30 Nature Club- Sea Turtles 6:00 Wii Bowling</p>	<p>Hawaii Day! Wear Tropical Prints! 9:30 Neighborhood Visits 10:00 Balance Exercise <i>12:00 Diners' Club Luncheon- Freshway Pizza</i> 2:00 Travel Club- Maui & Oahu 2:30 Crafters' Corner: Making Leis 3:00 Happy Hour & Hula Dancing w/ Sarah OD 6:00 Candy Pokeno Night</p>	<p>10:00 Yoga Stretches & Meditation 10:30 Meditation & Aromatherapy <i>1:30 Theater Chat with Martha: Drama TBD See Flyer</i> 2:00 Music History & Chats with Richard 2:30 Cribbage Game 6:00 Netflix - Series Anne with a E 6:00 News Chats with Martina</p>	<p>10:00 Exercise with Weights 10:30 Sports Trivia 2:00 \$1 Bingo 3:30 Kalifornia Karl Performance and Social Hour ! 6:00 Cinema Club Movie Night: My Dog Skip - Diane Lane</p>
<p>National Taffy Day! 10:00 Catholic Mass 10:30 Pastry & Coffee & Current Events Social 2:00 Prize Bingo 3:30 Salt Water Taffy Tasting & How it's Made 6:00 Classic Sitcom Night- Star Trek The Original Series</p>	<p>10:00 Lower Body Exercise & Trivia 2:00 Candy Pokeno 3:00 Nutty Knitters - Pub 3:30 Prayer Circle: Ephesians 6:00 Concerts with Peg</p>	<p>10:00 Band Exercise 10:30 Cinema Club Meeting 2:00 Discussion & Chat w/ Jenny 2:30 Chinese Checkers Game 3:30 Ice Cream & Fact or Crap Game 6:00 \$1 Bingo Night</p>	<p>10:00 Dance Exercise 10:30 Food Service & Town Council Meeting - 1st & 2nd 12:00 Cookout On Patio - Sign up w/Amanda 2:00 Jeopardy w/ Jenny- Media 2:30 Outdoor Walking Club 3:30 Outdoor Concert w/ Marty Sawyer 6:00 Wii Bowling</p>	<p>9:30 Neighborhood Visits 10:00 Balance Exercise 2:00 Travel Club- Virginia & Jamestown 2:30 Flower Arranging- Pub 3:30 Happy Hour & Ladder Ball Toss Game 6:00 Candy Pokeno Night</p>	<p>10:00 Yoga with Linda D 10:30 Technology Club- Pub 2:00 Music History & Chats with Richard 3:00 Creative Arts - Bead and Pendant Making 6:00 Netflix - Series Anne with a E 6:00 News Chats with Martina</p>	<p>National Root Beer Month ! 10:00 Exercise with Weights 10:30 Making Homemade Ice Cream for Root Beer Floats ! 2:00 \$1 Bingo 3:30 Root Beer Float Social & Wheel of Fortune 6:00 Cinema Club Movie Night: Flyboys - James Franco</p>
<p>10:00 Catholic Mass 10:30 Pastry & Coffee & Current Events Social 2:00 Prize Bingo 3:30 Virtual Tour Of Washington, D.C. Memorials 6:00 Classic Sitcom Night- Star Trek The Original Series</p>	<p>Memorial Day 10:00 Lower Body Exercise 10:30 This Week in History 2:00 Candy Pokeno 3:30 Tea & History with Dolly Madison 6:00 Concerts with Peg</p>					