CHRISTOPHER HEIGHTS™ of Attleboro
An Assisted Living Community

April 2026

EXERCISE · SERVICES · GAME · MOVIE · MANICURES · OUTING · CRAFT · TOWN HALL · SNACKS & SOCIAL · CONVERSATION · CLUBS/GROUPS · SPECIAL · OUTING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			April Fools' Day 1 9:30 Exercise Bingo 10:00 Corn Hole Tournament 11:00 Fact or Foolery **2:00 $1 Bingo** 3:00 Social Hour 3:30 April Fools Comedy Soirée 4:00 Afternoon Walking Club	**Holy Thursday** 2 9:30 Drum Fit 10:00 Board Games 10:00 Wii Bowling **11:00 Holy Thursday Service** 1:00 Easter Bunny Hunt 2:00 Easter Egg Decorating 3:00 Social Hour 3:30 April Trivia 4:00 Afternoon Stretch	**Good Friday & Podiatry Clinic** 3 9:30 Zumba **10:00 Baptist Service w/ Pastor Dave** 10:45 After Service Social **11:00 Good Friday Service** **12:00 Veterans' Luncheon with Attleboro Elks** 2:00 Afternoon Matinee: Easter Parade 3:00 Social Hour 4:00 Afternoon Stretch	4 9:30 Exercise Bingo 10:00 Board Games 10:00 Name That Tune 11:00 Manicures **2:00 $1 Bingo** 3:00 Shirley Temple Social Hour 3:30 Karaoke 4:00 Afternoon Stretch
Easter 5 **10:00 St. John's Mass: Livestream w/ Sr. Eileen** 10:45 After Service Social 2:00 Left Right Center 3:00 Sunday Ice Cream Sundae Social Hour 3:30 UNO 4:00 Afternoon Stretch 5:30 TV Series: Rick Steves	6 9:30 Exercise Bingo 10:00 Pokeno 11:00 Wheel of Fortune **2:00 Music with Tony & Pat** 3:00 Social Hour 3:30 April Farmers' Almanac 4:00 Afternoon Stretch	7 9:30 Mindful Movement **9:30 Shopping Trip** 10:00 Board Games 10:00 Wii Bowling **2:00 $1 Bingo** 3:00 Social Hour 3:30 Gardening Group: Planning Our Garden 4:00 Afternoon Stretch	8 9:30 Exercise Bingo 10:00 Crafting Bird Feeders 11:00 Music Bingo **2:00 $1 Bingo** 3:00 Social Hour 3:00 Writers' Group 3:30 Blank Slate 4:00 Afternoon Walking Club	9 9:30 Drum Fit 10:00 Board Games 10:00 Wii Bowling **11:00 Activity Meeting** **2:00 Music with The Rob Show** 3:00 Social Hour 3:30 Name That Tune 4:00 Afternoon Stretch	**National Siblings Day** 10 9:30 Strength Training **10:00 Baptist Service w/ Pastor Dave** 10:45 After Service Social **12:00 Liver Lovers' Lunch** 2:00 Afternoon Matinee: Rescued By Rudy 3:00 Social Hour 4:00 Afternoon Stretch	**National Pet Day** 11 9:30 Exercise Bingo 10:00 Board Games 10:00 Jeopardy 11:00 Manicures **2:00 $1 Bingo** 3:00 Shirley Temple Social Hour 3:30 Karaoke 4:00 Afternoon Stretch
12 **10:00 St. John's Mass: Livestream w/ Sr. Eileen** 10:45 After Service Social 2:00 Left Right Center 3:00 Sunday Ice Cream Sundae Social Hour 3:30 UNO 4:00 Afternoon Stretch 5:30 TV Series: Rick Steves	**National Scrabble Day** 13 9:30 Exercise Bingo 10:00 Mushroom Science & Gardening 11:00 Scrabble **2:00 $1 Bingo** 3:00 Social Hour 3:30 You Be The Judge 4:00 Afternoon Stretch	**National Gardening Day** 14 9:30 Mindful Movement 10:00 Board Games 10:00 Wii Bowling 10:30 Gardening Group: Planting Seeds **2:00 Music with Dave Andrews** 3:00 Social Hour 3:30 Card Players' Group 4:00 Afternoon Stretch	**World Art Day** 15 9:30 Exercise Bingo 10:00 Painting Wind Chimes **12:00 Gentlemen's Luncheon** **2:00 $1 Bingo** 3:00 Social Hour 3:00 Writers' Group 3:30 This Day In History: First Impressionist Exhibition 4:00 Afternoon Walking Club	16 9:30 Drum Fit 10:00 Board Games 10:00 Wii Bowling **11:00 Town Hall Meeting** **2:00 Music with Steve King** 3:00 Pina Colada Social Hour 3:30 Music Bingo 4:00 Afternoon Stretch	17 9:30 Zumba **10:00 Baptist Service w/ Pastor Dave** 10:45 After Service Social 11:00 Cover The Number Dice Game 2:00 Afternoon Matinee: Singin' In The Rain 3:00 Social Hour 4:00 Afternoon Stretch	**National Exercise Day** 18 9:30 Exercise Bingo 10:00 Board Games 10:00 Corn Hole Tournament 11:00 Manicures **2:00 $1 Bingo** 3:00 Shirley Temple Social Hour 3:30 Karaoke 4:00 Afternoon Stretch
National Poker Day 19 **10:00 St. John's Mass: Livestream w/ Sr. Eileen** 10:45 After Service Social 2:00 Left Right Center 3:00 Sunday Ice Cream Sundae Social Hour 3:30 Poker 4:00 Afternoon Stretch 5:30 TV Series: Rick Steves	20 9:30 Exercise Bingo **10:00 Blood Pressure Clinic** 11:00 Jeopardy **2:00 $1 Bingo** 3:00 Social Hour 3:30 You Be The Judge 4:00 Afternoon Stretch	21 9:30 Mindful Movement 10:00 Board Games 10:00 Wii Bowling 11:00 Long Word Short **2:00 Music with Rebecca Pink** 3:00 Social Hour 3:30 Card Players' Group 3:30 Gardening Group 4:00 Afternoon Stretch	**Earth Day** 22 9:30 Exercise Bingo 10:00 Painting Spring Door Hangers 11:00 Welcoming The Hummingbirds! **2:00 $1 Bingo** 3:00 Social Hour 3:00 Writers' Group 3:30 Nature Documentary 4:00 Afternoon Walking Club	23 9:30 Drum Fit **9:30 Shopping Trip** 10:00 Board Games 10:00 Wii Bowling **11:00 Food Forum** **2:00 Music with Greg Peters** 3:00 Social Hour 3:30 Name That Tune 4:00 Afternoon Stretch	**Arbor Day** 24 9:30 Strength Training **10:00 Baptist Service w/ Pastor Dave** 10:45 After Service Social 11:00 Tree Trivia 2:00 Afternoon Matinee: The Call Of The Wild 3:00 Social Hour 4:00 Afternoon Stretch	25 9:30 Exercise Bingo 10:00 Board Games 10:00 Wheel of Fortune 11:00 Manicures **2:00 $1 Bingo** 3:00 Shirley Temple Social Hour 3:30 Karaoke 4:00 Afternoon Stretch
26 **10:00 St. John's Mass: Livestream w/ Sr. Eileen** 10:45 After Service Social 2:00 Left Right Center 3:00 Sunday Ice Cream Sundae Social Hour 3:30 UNO 4:00 Afternoon Stretch 5:30 TV Series: Rick Steves	27 9:30 Exercise Bingo 10:00 Pokeno 11:00 Wheel of Fortune **2:00 $1 Bingo** 3:00 New Resident Meet and Greet Social Hour 4:00 Afternoon Stretch	**Pay It Forward Day** 28 9:30 Mindful Movement 10:00 Board Games 10:00 Wii Bowling **11:00 Lunch Outing** 2:00 Corn Hole Tournament 3:00 Social Hour 3:30 Card Players' Group 3:30 Gardening Group 4:00 Afternoon Stretch	29 9:30 Exercise Bingo 10:00 Spelling Bee **12:00 Resident Birthday Luncheon** **2:00 $1 Bingo** 3:00 Social Hour 3:00 Writers' Group 4:00 Afternoon Walking Club	30 9:30 Drum Fit 10:00 Board Games 10:00 Wii Bowling **2:00 Cooking Demonstration** 3:00 Social Hour 3:30 Music Bingo 4:00 Afternoon Stretch		