



CHRISTOPHER HEIGHTS™

August 2026

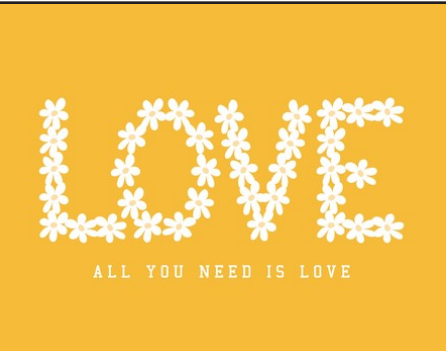
- P

 Pub
- DR

 Dining Room
- MR

 Media Room
- 2nd Fl Office
- Front Patio
- LR

 Living Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2	3	4	5	6	7	8
10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Chair Yoga w/ Toni 1:30 MR Exploring Nature w/ Jack 3:00 P Pub Time 6:00 MR Netflix Documentary Series - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 P Let's Play Jeopardy - Trivia Game 3:00 P Pub Time 6:00 P Long Word - Short Words	9:30 P Independent Coffee Social 10:00 P Blood Pressure Clinic 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Performance: Sunnyside Swing Band 3:00 P Pub Time 6:00 MR TV Concert - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drum Circle w/ Bonny Parlee 1:30 P Bingo 3:00 P Pub Time 6:00 LR Who, What, Where Am I - Trivia	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 MR Bowling 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Mini Golf 1:30 P Bingo 3:00 P Pub Time 6:00 MR Movie - TBA
9	10	11	12	13	14	15
10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 DR Exercise w / Heather 1:30 P Group Crossword Puzzle 3:00 P Pub Time 6:00 MR Netflix Documentary Series - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 MR Nature Connection 3:00 P Pub Time 6:00 P LCR For Scratch Tickets	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 MR TV Concert - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Performance: Clyde Wheatley 3:00 P Pub Time 6:00 LR Name That Tune	9:30 P Independent Coffee Social & Daily Chronicle 10:30 Podiatrist / Must Sign Up At Front Desk 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	9:30 P Independent Coffee Social & Daily Chronicle 10:00 P BINGO w/ Barbara & Andrea 1:30 P Beanbag Toss 3:00 P Pub Time 6:00 MR Movie - TBA
16	17	18	19	20	21	22
10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Chair Yoga w/ Toni 1:30 P Horse Racing 3:00 P Pub Time 6:00 MR Netflix Documentary Series - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Health Talk w/ Metrowest Homecare and Hospice 1:30 DR Ceramics w/ Diane 3:00 P Pub Time 6:00 LR Hangman - Word Game	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P The Rob Show 3:00 P Pub Time 6:00 MR TV Concert - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 LR Trivia & Other word Games	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Fun With Words & Poetry 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Mini Golf 1:30 P Bingo 3:00 P Pub Time 6:00 MR Movie - TBA
23	24	25	26	27	28	29
10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	10:15 P Coffee Social & Daily Chronicle 10:30 DR Exercise w / Heather 1:30 P Bowling 3:00 P Pub Time 6:00 MR Netflix Documentary Series - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 P Monthly Birthday Party w/ Polka Paul 3:00 P Pub Time 6:00 P Long Word - Short Words	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:45 DR Resident Council Meeting 3:00 P Pub Time 6:00 MR TV Concert - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 2:00 Trombetta's Farm Ice Cream Truck 3:00 P Pub Time 6:00 LR Name That Tune	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Bingo For Prizes 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Beanbag Toss 1:30 P Bingo 3:00 P Pub Time 6:00 MR Movie - TBA
30	31					
10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	10:15 P Coffee Social & Daily Chronicle 10:30 P Gentle Stretch & Strength w/ Patty 1:30 P Let's Play Jeopardy - Trivia Game 3:00 P Pub Time 6:00 MR Netflix Documentary Series - TBA					