



CHRISTOPHER HEIGHTS™

July 2026

- P Pub
- DR Dining Room
- MR Media Room
- FR Front of Building
- LR Living Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 P Independent Coffee Social 10:00 P Blood Pressure Clinic 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Bingo 3:00 P 4th Of July Pub Time w/ Hot Appetizers 6:00 MR TV Concert - TBA	2 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 DR 4th of July Beading Craft 3:00 P Pub Time 6:00 LR Who, What, Where Am I? - Trivia	3 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 MR Bowling 3:00 P Pub Time 6:00 MR Movie - TBA	4 250th Independence Day 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 P Bingo 1:30 MR Mini Golf 3:00 P Pub Time 6:00 MR Movie - TBA
5 10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	6 9:30 P Independent Coffee Social 10:15 MR Daily Chronicle 10:30 P Chair Yoga w/ Toni 1:30 P Let's Play Jeopardy - Trivia Game 3:00 P Pub Time 6:00 MR Netflix TV Documentary Series - TBA	7 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 P Performance: The Half Wits 3:00 P Pub Time 6:00 LR Hangman - Word Game	8 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 MR TV Concert - TBA	9 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 MR Group Crossword Puzzle 3:00 P Pub Time 6:00 LR Name That Tune	10 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 MR Balloon Volleyball 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	11 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Beanbag Toss 1:30 P Bingo 3:00 P Pub Time 6:00 MR Movie - TBA
12 10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	13 9:30 P Independent Coffee Social 10:15 MR Daily Chronicle 10:30 DR Exercise w / Heather 1:30 DR Ceramics w/ Diane 3:00 P Pub Time 6:00 MR Netflix TV Documentary Series - TBA	14 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 MR Nature Connection 3:00 P Pub Time 6:00 P Long Word - Short Words	15 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 MR TV Concert - TBA	16 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Performance: Dave & Wally 3:00 P Pub Time 6:00 FR Ice Cream Social w/ ComfortCare	17 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 12:00 P Fun With Poetry 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	18 9:30 P Independent Coffee Social & Daily Chronicle 10:00 P BINGO w /Barbara & Andrea 1:30 MR Mini Golf 3:00 P Pub Time 6:00 MR Movie - TBA
19 10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	20 9:30 P Independent Coffee Social 10:15 MR Daily Chronicle 10:30 P Chair Yoga w/ Toni 1:30 P Horse Racing 3:00 P Pub Time 6:00 MR Netflix TV Documentary Series - TBA	21 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 MR Bowling 3:00 P Pub Time 6:00 P LCR For Scratch Tickets	22 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Bingo 3:00 P Pub Time 6:00 MR TV Concert - TBA	23 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Performance: Michael Liedig 3:00 P Pub Time 6:00 LR Karaoke	24 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 P Let's Play Jeopardy - Trivia Game 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	25 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Beanbag Toss 1:30 P Bingo 3:00 P Pub Time 6:00 MR Movie - TBA
26 10:00 MR Catholic Service - Everyone Is Welcome 10:30 P Coffee Social & Daily Chronicle 1:30 P LCR 3:00 P Pub Time 6:00 MR Movie - TBA	27 9:30 P Independent Coffee Social 10:15 MR Daily Chronicle 10:30 DR Exercise w / Heather 1:30 P Group Crossword Puzzle 3:00 P Pub Time 6:00 MR Netflix TV Documentary Series - TBA	28 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Drumfit w/ Patty 1:30 P Monthly Birthday Party w/ The Rob Show 3:00 P Pub Time 6:00 LR Hangman - Word Game	29 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:45 DR Resident Council Meeting 3:00 P Pub Time 6:00 MR TV Concert - TBA	30 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Cardio Chair Dancing w/ Patty 1:30 P Bingo For Prizes 3:00 P Pub Time 6:00 LR Name That Tune	31 9:30 P Independent Coffee Social 10:15 P Daily Chronicle 10:30 MR Gentle Stretch & Strength w/ Patty 1:30 MR Balloon Volleyball 3:00 P Pub Time w/ Hot Appetizers 6:00 MR Movie - TBA	