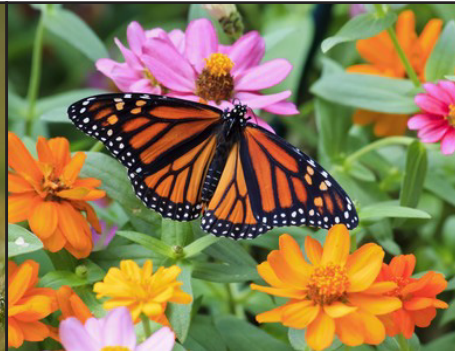




CHRISTOPHER HEIGHTS™

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2 1 30 “The Purl Girls” Knitting 1 30 Movie Matinee 2 00 BINGO-3rd Floor 3 15 Social Hour / Serving Cheese & Crackers 6 00 Sing-A-Long	 3 1 30 Exercise Class 1 00 Rosary 2 00 Mass St. Joe’s 3 15 Social Hour in the Pub / Serving Delightful Dips 6 00 Evening Movie	 4 1 30 Gentle Seated Exercise 1 00 Rosary 2 00 Water Balloon Toss (weather permitting) 3 15 Social Hour in the Pub 6 00 Wii Bowling	 5 1 30 Exercise Class 1 00 Rosary 1 00 Patio Picnic 2 00 Blood Pressure Clinic 3 15 Social Hour in the Pub / Serving Shrimp Cocktail	 6 ROOT BEER FLOAT DAY! 1 30 Exercise Class 1 00 Rosary 2 00 Birthday Party with Kalifornia Karl / Root Beer Floats / 2nd Floor Dining Room 3 15 Social Hour in the Pub 6 00 Wii Bowling	 7 1 15 QIGONG with Dawna 1 00 Rosary 2 00 Golf Putt 3 15 Social Hour in the Pub 6 00 Family Feud Night	1 1 30 “The Purl Girls” Knitting 1 30 Exercise Class 2 00 Golf Putt 3 15 Social Hour in the Pub: Serving Hot Appetizers 6 00 Resident Movie 8 1 30 “The Purl Girls” Knitting 1 30 Exercise Class 2 00 Jeopardy 3 15 Social Hour in the Pub: Serving Hot Appetizers 6 00 Resident Movie
9 1 30 “The Purl Girls” Knitting 1 30 Movie Matinee 2 00 BINGO-3rd Floor 3 15 Social Hour / Serving Cheese & Crackers 6 00 Sing-A-Long	10 1 30 Exercise Class 1 00 Rosary 1 30 Movie Matinee 3 15 Social Hour in the Pub / Serving Delightful Dips 6 00 Tea Time with Debbie/ in the Pub	11 1 30 Gentle Seated Exercise 1 00 Rosary 1 30 Great Plates Food Meeting 2 00 Resident Town Hall 3 15 Social Hour in the Pub	12 6 00 Evening Movie 1 30 Exercise Class 1 00 Rosary 1 00 Patio Picnic 2 00 Mass St. Louis 3 15 Social Hour in the Pub / Serving Shrimp Cocktail 5 30 Putnam Senior Dance/ Sign Up at front desk 6 00 Evening Movie	13 1 30 Exercise Class 1 00 Rosary 1 30 Wii Bowling 3 15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6 00 “Hit the Bus Band” Outside	14 1 30 Stretch & Breathe Class 1 00 Rosary 1 00 Cornhole 3 15 Social Hour in the Pub 6 00 Family Feud Night	15 1 30 “The Purl Girls” Knitting 1 30 Exercise Class 2 00 St. Anthony’s Communion & Prayer 3 15 Social Hour in the Pub: Serving Hot Appetizers
16 1 30 “The Purl Girls” Knitting 1 30 Movie Matinee 2 00 BINGO-3rd Floor 3 15 Social Hour / Serving Cheese & Crackers 6 00 Sing-A-Long	17 1 30 Exercise Class 1 00 Rosary 2 00 Mass Sacred Heart 3 15 Social Hour in the Pub / Serving Delightful Dips 6 00 Chain Reaction	18 6 00 Wii Bowling 1 30 Gentle Seated Exercise 1 00 Rosary 2 00 Book Club Discussion 3 15 Social Hour in the Pub 6 00 Wii Bowling	19 1 30 Exercise Class 1 00 Rosary 1 00 Patio Picnic 2 00 Trivia Online 3 15 Social Hour in the Pub / Serving Shrimp Cocktail 6 00 Evening Movie	20 1 30 Exercise Class 1 00 Rosary 2 00 Bean Bag toss in a Bucket 3 15 Social Hour in the Pub / Serving “The Broadway” Ice Cream In the Pub 6 00 Wii Bowling	21 National Senior Citizens Day! 1 15 QIGONG with Dawna 1 00 Rosary 2 00 Senior Citizens Day Party 3 15 Social Hour in the Pub 6 00 Family Feud Night	22 6 00 Resident Movie Night 1 30 “The Purl Girls” Knitting 1 30 Exercise Class 2 00 Karaoke for Seniors / with Maddy 3 15 Social Hour in the Pub: Serving Hot Appetizers 6 00 Resident Movie Night
23 1 30 “The Purl Girls” Knitting 1 30 Movie Matinee 2 00 BINGO-3rd Floor 3 15 Social Hour / Serving Cheese & Crackers 6 00 Sing-A-Long	24 1 30 Exercise Class 1 00 Rosary 2 00 Connect 4 & Board Games in the Pub 3 15 Social Hour in the Pub / Serving Delightful Dips 6 00 Beautiful Places to Visit	25 1 30 Gentle Seated Exercise 1 00 Rosary 1 00 Cornhole 2 00 Cornhole 3 15 Social Hour in the Pub 6 00 Wii Bowling	26 1 30 Exercise Class 1 00 Rosary 1 00 Patio Picnic 2 00 Common Word 3 15 Social Hour in the Pub / Serving Shrimp Cocktail 6 00 Evening Movie	27 1 30 Exercise Class 1 00 Rosary 2 00 Long Word Short 3 15 Social Hour in the Pub / Serving “The Broadway” Ice Cream In the Pub 6 00 Wii Bowling	28 1 30 Stretch & Breathe Class 1 00 Rosary 2 00 Bocce Ball 3 15 Social Hour in the Pub 6 00 Family Feud Night	29 1 30 “The Purl Girls” Knitting 1 30 Exercise Class 2 00 Battle Bags Toss Game 3 15 Social Hour in the Pub: Serving Hot Appetizers
30 1 30 “The Purl Girls” Knitting 1 30 Movie Matinee 2 00 BINGO-3rd Floor 3 15 Social Hour / Serving Cheese & Crackers 6 00 Sing-A-Long	31 1 30 Exercise Class 1 00 Rosary 2 00 Ball in a Bucket 3 15 Social Hour in the Pub / Serving Delightful Dips 6 00 Golf Putt					