



CHRISTOPHER HEIGHTS™

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>4</div> <div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</div>	 <div>5</div> <div>10:30 Exercise Class 11:00 Rosary 2:00 Mass St. Joe’s 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Movie Night</div>	 <div>6</div> <div>10:30 Seated Tai Chi 11:00 Rosary 2:00 Chaffin Church Worship 3:15 Social Hour in the Pub 6:00 Wii Family Feud</div>	 <div>7</div> <div>10:30 Exercise Class 11:00 Rosary 2:00 Blood Pressure Clinic 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div>	<div>HAPPY NEW YEAR’S DAY! 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Snowball Toss 3:15 Social Hour in the Pub 6:00 Wii Bowling</div> <div>1</div>	<div>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Jim Porcella & Renee / Duet 3:15 Social Hour in the Pub 6:00 Ladder Ball</div> <div>2</div>	<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 1:30 Walk & Talk 2:15 Chain Reaction Word Game 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div> <div>3</div>
<div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</div> <div>11</div>	<div>10:30 Exercise Class 11:00 Rosary 2:00 Finish the Slogan 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Battle Bags Toss Game</div> <div>12</div>	<div>10:30 Seated Tai Chi 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:00 Golf Putt</div> <div>13</div>	<div>10:30 Exercise Class 11:00 Rosary 2:00 Catch the Snowball 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div> <div>14</div>	<div>10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Guess How Many 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling</div> <div>15</div>	<div>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Dan Kouriac Sings 3:15 Social Hour in the Pub 6:00 Prize Drop</div> <div>16</div>	<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 2:00 St. Anthony’s Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div> <div>17</div>
<div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</div> <div>18</div>	<div>MARTIN LUTHER KING JR DAY! 10:30 Exercise Class 11:00 Rosary 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Snowball Toss</div> <div>19</div>	<div>10:30 Seated Tai Chi 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:00 Corn Hole</div> <div>20</div>	<div>10:30 Exercise Class 11:00 Rosary 2:00 Long Word Short 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div> <div>21</div>	<div>10:30 Chair Dancing with Jackie 11:00 Rosary 2:00 Birthday Party with Kalifornia Karl 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling</div> <div>22</div>	<div>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Battle Bags 3:15 Social Hour in the Pub 6:00 Wii Family Feud</div> <div>23</div>	<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 2:00 Golf Putt 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div> <div>24</div>
<div>10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</div> <div>25</div>	<div>10:30 Exercise Class 11:00 Rosary 2:00 Common Word 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Ladder Ball</div> <div>26</div>	<div>10:30 Seated Tai Chi 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:00 Prize Drop</div> <div>27</div>	<div>10:30 Exercise Class 11:00 Rosary 2:00 Pastor John /Dudley Cong. Church 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</div> <div>28</div>	<div>10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Price is Right 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling</div> <div>29</div>	<div>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Golf Putt 3:15 Social Hour in the Pub 6:00 Long Word Short</div> <div>30</div>	<div>10:30 “The Purl Girls” Knitting 10:30 Exercise 1:30 Walk & Talk 2:15 Jokes with Debbie 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</div> <div>31</div>