



CHRISTOPHER HEIGHTS™

January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

				<p>HAPPY NEW YEAR'S DAY!</p> <p>10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Snowball Toss 3:15 Social Hour in the Pub 6:00 Wii Bowling</p>	<p>1</p> <p>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Jim Porcella & Renee / Duet 3:15 Social Hour in the Pub 6:00 Ladder Ball</p>	<p>2</p> <p>10:30 "The Purl Girls" Knitting 10:30 Exercise 1:30 Walk & Talk 2:15 Chain Reaction Word Game 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>4</p> <p>10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</p>	<p>5</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Mass St. Joe's 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Movie Night</p>	<p>6</p> <p>10:30 Seated Tai Chi 11:00 Rosary 2:00 Chaffin Church Worship 3:15 Social Hour in the Pub 6:00 Wii Family Feud</p>	<p>7</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Blood Pressure Clinic 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>8</p> <p>10:30 Chair Dancing with Jackie 11:00 Rosary 1:30 Great Plates Food Meeting 2:00 Resident Town Hall 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling</p>	<p>9</p> <p>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Introduction to Qigong Exercise with Dawna 3:15 Social Hour in the Pub 6:00 Snowball Toss</p>	<p>10</p> <p>10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Corn Hole 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>11</p> <p>10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</p>	<p>12</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Finish the Slogan 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Battle Bags Toss Game</p>	<p>13</p> <p>10:30 Seated Tai Chi 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:00 Golf Putt</p>	<p>14</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Catch the Snowball 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>15</p> <p>10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Guess How Many 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling</p>	<p>16</p> <p>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Dan Kouriac Sings 3:15 Social Hour in the Pub 6:00 Prize Drop</p>	<p>17</p> <p>10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 St. Anthony's Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>18</p> <p>10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</p>	<p>19</p> <p>MARTIN LUTHER KING JR DAY!</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Snowball Toss</p>	<p>20</p> <p>10:30 Seated Tai Chi 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:00 Corn Hole</p>	<p>21</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Long Word Short 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>22</p> <p>10:30 Chair Dancing with Jackie 11:00 Rosary 2:00 Birthday Party with Kalifornia Karl 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling</p>	<p>23</p> <p>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Battle Bags 3:15 Social Hour in the Pub 6:00 Wii Family Feud</p>	<p>24</p> <p>10:30 "The Purl Girls" Knitting 10:30 Exercise 2:00 Golf Putt 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>
<p>25</p> <p>10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Hangman Word Game</p>	<p>26</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Common Word 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Ladder Ball</p>	<p>27</p> <p>10:30 Seated Tai Chi 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:00 Prize Drop</p>	<p>28</p> <p>10:30 Exercise Class 11:00 Rosary 2:00 Pastor John /Dudley Cong. Church 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie</p>	<p>29</p> <p>10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Price is Right 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream 6:00 Wii Bowling</p>	<p>30</p> <p>10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Golf Putt 3:15 Social Hour in the Pub 6:00 Long Word Short</p>	<p>31</p> <p>10:30 "The Purl Girls" Knitting 10:30 Exercise 1:30 Walk & Talk 2:15 Jokes with Debbie 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night</p>