



CHRISTOPHER HEIGHTS™

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Exercise Class 11:00 Rosary 12:00 Patio Picnic 12:30 Jerry's Soft Serve Ice Cream Truck for Dessert 2:00 Happy 250th Birthday America Party / Pulaski Brass Band Outside 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:15 Evening Movie	2 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub / Serving "The Broadway Ice Cream" In the Pub 6:00 Wii Bowling	3 Rain Date for Outside Party 10:15 QIGONG with Dawna 11:00 Rosary 2:00 Ladder Ball 3:15 Social Hour in the Pub 6:15 Trivia Online	4 INDEPENDENCE DAY! HAPPY 250th BIRTHDAY AMERICA! 10:30 "The Purl Girls" Knitting 10:30 Exercise Class 2:00 PATRIOTIC SING-A-LONG 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
5 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour / Serving Cheese & Crackers 6:15 Sing A Long	6 10:30 Exercise 11:00 Rosary 2:00 Mass St. Joe's 3:15 Social Hour in the Pub / Serving Delightful Dips 6:15 Chain Reaction	7 10:30 Gentle Seated Exercise 11:00 Rosary 2:00 Chaffin Church Worship 3:15 Social Hour in the Pub 6:00 Wii Bowling	8 10:30 Exercise Class 11:00 Rosary 12:00 Patio Picnic 2:00 Mass St. Louis 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:15 Evening Movie	9 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Birthday Party w/ Elvis Tribute Artists Dan Fontaine/ 2nd Floor 3:15 Social Hour in the Pub / Serving Cupcakes 6:00 Wii Bowling	10 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Ash & Eric Sling 3:15 Social Hour in the Pub 6:15 Golf Putt	11 10:30 "The Purl Girls" Knitting 10:30 Exercise Class 2:00 Corn Hole 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
12 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour / Serving Cheese & Crackers 6:15 Sing A Long	13 10:30 Exercise 11:00 Rosary 2:00 Tai Chi Class with Sifu Gary 3:15 Social Hour in the Pub / Serving Delightful Dips 6:15 Word Scramble/ Long Word Short	14 10:30 Gentle Seated Exercise 11:00 Rosary 1:30 Great Plates Food Meeting 2:00 Resident Town Hall 3:15 Social Hour in the Pub 6:00 Wii Bowling	15 10:30 Exercise Class 11:00 Rosary 12:00 Patio Picnic 1:30 Bone Density Tests/ Sign up at Front Desk 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:15 Evening Movie	16 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub / Serving "The Broadway Ice Cream" In the Pub 6:00 Wii Bowling	17 10:15 QIGONG with Dawna 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 "Everything's Just Peachy" Fresh Georgia Peaches / in the Pub 3:15 Social Hour in the Pub 6:15 Word Scramble/ Long Word Short	18 10:30 "The Purl Girls" Knitting 10:30 Exercise Class 2:00 St. Anthony's Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
19 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour / Serving Cheese & Crackers 6:15 Sing A Long	20 10:30 Exercise 11:00 Rosary 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Delightful Dips 6:15 Summer Tea Time with Debbie	21 10:30 Gentle Seated Exercise 11:00 Rosary 2:00 Book Club Discussion 3:15 Social Hour in the Pub 6:00 Wii Bowling	22 10:30 Exercise Class 11:00 Rosary 12:00 Patio Picnic 2:00 Common Word 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:15 Evening Movie	23 10:30 Drum Fit for Seniors 11:00 Rosary 2:00 Chain Reaction 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream in the Pub 6:00 Wii Bowling	24 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:15 Ladder Ball	25 10:30 "The Purl Girls" Knitting 10:30 Exercise Class 2:00 Ball in a Bucket 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
26 10:30 "The Purl Girls" Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour / Serving Cheese & Crackers 6:15 Sing A Long	27 10:30 Exercise 11:00 Rosary 2:00 Tai Chi Class with Sifu Gary 3:15 Social Hour in the Pub / Serving Delightful Dips 6:15 Trivia Online	28 10:30 Gentle Seated Exercise 11:00 Rosary 2:00 Water Balloon Toss (weather permitting) 3:15 Social Hour in the Pub 6:00 Wii Bowling	29 10:30 Exercise Class 11:00 Rosary 12:00 Patio Picnic 2:00 Corn Hole 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:15 Evening Movie	30 10:30 Exercise Class 11:00 Rosary 2:00 Prize Drop 3:15 Social Hour in the Pub / Serving "The Broadway" Ice Cream in the Pub 6:00 Wii Bowling	31 10:30 Stretch & Breathe Class 11:00 Rosary 2:00 Bingo-3rd Floor 3:15 Social Hour in the Pub 6:15 Bocce Ball	