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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| Locations: P- Pub FL- Floor L-Livingroom FD-Front Desk CL- Classroom M- Media Room CK- Country Kitchen CONF- Conference Room | <i>Coffee & Conversation will now be held in the Pub</i> <i>Craft Hour will be held in the 3rd Floor Country Kitchen</i> <i>Saturday & Sundays TV series will begin at 6:00pm</i> | Jody H. 6th Joyce M. 6th Lorna B. 9th Wally B. 10th | Gail W. 13th Irene W. 28th Joan B. 31st |  | | 1 10:30am Dunkin Donuts Coffee 1:30pm Canasta & Rummikub P 2:30pm Large Crossword Puzzle P 3:30pm Social Hour P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M |
| 2 10:00am "Chalice of Salvation" 10:30am Current Topic & Coffee P 1:30pm Craft Hour 3 rd FL CK 2:30pm Bingo 2 nd FL CK 3:30pm Social Hour P 6:00pm TV Series: The World's Most Extraordinary Homes M | 3 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Trivia Questions P 3:30pm Social Hour w/ Hot Coco P 6:30pm Kalifornia Karl presented by Walter O'Hanian M | 4 10:30am Moving to Music M 1:30pm Poetry Group CL 2:30pm Chair Yoga w/ Jill M 3:30pm Social Hour P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Night Bingo 2 nd FL CK 6:30pm Downton Abbey M | 5 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 1:15pm Resident Floor Representative Meeting 1 st FL 2:00pm Bingo 2 nd FL CK 3:30pm Social Hour w/ Hot Coco P 6:30pm Film: The Aviator M | 6 3 Kings Day 10:30am Exercise w/ Marcos M 1:30pm Christopher Heights Songbird M 2:30pm Creative Writing CL 2:30pm Board Games P 3:30pm Social Hour w/ Tech P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Family Feud M | 7 9:30am Coffee & Conversation 10:30am Morning Stretches M 1:30pm Exercise w/Specialist M 2:30pm Three King Day Presentation M 3:30pm Social Hour with Technology Help P 6:30pm Film: 2001 Space Odyssey M | 8 10:30am Dunkin Donuts Coffee and Pastries P 1:30pm Canasta & Rummikub P 2:30pm Matinee w/ Popcorn: Belfast M 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M |
| 9 10:00am "Chalice of Salvation" 10:30am Current Topic & Coffee P 1:30pm Craft Hour 3 rd FL CK 2:30pm Bingo 2 nd FL CK 3:30pm Wine and Cheese P 6:00pm TV Series: The World's Most Extraordinary Homes M | 10 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Trivia Questions P 3:30pm Social Hour P 6:30pm Baking with Bob introduction 3 rd FL CK 6:30pm Film: Guys and Dolls M | 11 10:30am Exercise w/ Marcos M 1:00pm Scam Lecture w/ Enet M 2:30pm Chair Yoga w/Jill M 3:30pm Social Hour w/ Hot Coco P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Night Bingo 2 nd FL CK 6:30pm Downton Abbey M | 12 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 12:00pm Birthday Meals P 1:15pm Veterans Gratitude Club CL 2:00pm Bingo 2 nd FL CK 3:30pm Social Hour w/ Linda P 6:30pm Documentary: The Real Charlie Chaplin M | 13 Yom Kippur Katan 10:30am Exercise w/ Marcos M 1:30pm Songbird M 2:30pm Creative Writing CL 2:30pm Board Games P 3:30pm Social Hour P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Family Feud M | 14 9:30am Coffee & Conversation with Crystal P 10:30am Morning Stretches M 1:30pm Exercise w/Specialist M 2:30pm Drawing 101 w/ Larry M 3:30pm Social Hour P 6:30pm Film: 41 M | 15 10:30am Dunkin Donuts Coffee and Pastries P 1:30pm Canasta & Rummikub P 2:30pm Large Crossword Puzzle P 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M |
| 16 10:00am "Chalice of Salvation" 10:30am Current Topic & Coffee P 1:30pm Craft Hour 3 rd FL CK 2:30pm Bingo 2 nd FL CK 3:30pm Notable Neighbors: Jeanne McCallum M 6:00pm TV Series: The World's Most Extraordinary Homes M | 17 MLK JR 9:30am Table Topics & Coffee M 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Trivia Questions P 3:30pm Martin Luther King Jr. Presentation M 6:30pm Baking with Bob 3 rd FL 6:30pm Film: Brexit M | 18 10:30am Moving to Music M 1:30pm Poetry Group CL 2:30pm Chair Yoga w/ Jill M 3:30pm Social Hour P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Night Bingo 2 nd FL CK 6:30pm Downton Abbey M | 19 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 1:15pm Communion Services CL 2:00pm Bingo 2 nd FL CK 3:30pm Social Hour w/ Hot Cocoa P 6:30pm Film: Big M | 20 10:30am Fitness Video M 1:30pm Christopher Heights Songbird M 2:30pm Creative Writing CL 2:30pm Board Games P 3:30pm Social Hour w/ Tech P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Family Feud M | 21 9:30am Coffee & Conversation 10:30am DVD Exercise M 1:30pm Exercise w/Specialist 2:30pm Big Money Bingo 2nd FL CK 3:30pm Social Hour P 6:30pm Film: An American Pickle M | 22 10:30am Dunkin Donuts Coffee and Pastries P 1:30pm Canasta & Rummikub P 2:30pm Large Crossword Puzzle P 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M |
| 23/30 <i>23rd Social Hour no Wine/Cheese</i> 10:00am "Chalice of Salvation" 10:30am Current Topic & Coffee P 1:30pm Craft Hour 3 rd FL CK 2:30pm Bingo 2 nd FL CK 3:30pm Wine and Cheese P 6:00pm TV Series: The World's Most Extraordinary Homes M | 24/31 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Trivia Questions P 3:30pm Ice Cream Social P 24 th 3:30pm Social Hour P 31 st 6:30pm Film: To Kill a Mockingbird M 24 th 6:30pm Film: Billy Elliot M 31 st | 25 10:30am Exercise w/ Marcos M 1:15pm Art Presentation on Salvador Dali P 2:30pm Food Forum M 3:30pm Social Hour P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Night Bingo 2 nd FL CK 6:30pm Downton Abbey M | 26 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 2:00pm Community Meeting M 3:30pm Social Hour w/ Linda P 6:30pm Film: The Kid M | 27 10:30am Exercise w/ Marcos M 1:30pm Songbird M 2:30pm Resident Run Creative Writing CL 2:30pm Board Games P 3:30pm Social Hour w/ Tech P 6:00pm Reading "In Order to Live" by the Fire w/ Crystal L 6:30pm Family Feud M | 28 9:30am Coffee & Conversation 10:30am Morning Stretches M 1:30pm Exercise w/Specialist 2:30pm Ted Talk and Discussion M 3:30pm Social Hour P 6:30pm Film: Anger Management M | 29 10:30am Dunkin Donuts Coffee and Pastries P 1:30pm Canasta & Rummikub P 2:30pm The Secret Language of Flowers by Sandra M 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M |