


November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: <i>P- Pub</i> <i>FL- Floor</i> <i>L-Livingroom</i> <i>FD-Front Desk</i> <i>CL- Classroom</i> <i>M- Media Room</i> <i>CK- Country Kitchen</i> <i>CONF- Conference Room</i>	1 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Adult Coloring P 3:30pm Social Hour w/Music P 6:00pm Film: Dirty Rotten Scoundrels M	2 10:30am Exercise w/ Marcos M 1:15pm Floor Representatives Open Office Hours 1 st FL 2:30pm Día De Los Muertos Presentation "Day of the Dead" 3:30pm Social Hour with Technology Help P 6:00pm Night Bingo 2 nd FL CK 6:00pm Downton Abbey M	3 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 1:15pm Communion Services CL 2:00pm Bingo 2 nd FL CK 3:30pm Social Hour w/ Linda P 6:00pm Documentary: My Name is Pauli Murray M	4 10:30am Exercise w/ Marcos 1:30pm Christopher Heights Songbird M 2:30pm Creative Writing CL 2:30pm Trivia Questions P 3:30pm Social Hour 6:00pm Family Feud M	5 9:30am Coffee & Conversation 10:30am Morning Stretches M 1:30pm Exercise w/Specialist M 2:00pm Big Money Bingo 2 nd FL 3:30pm Large Crossword Puzzle 6:00pm Film: Barry M	6 10:30am Fitness Video 1:30pm Canasta Players Meet P 2:30pm Matinee w/ Popcorn: Beautiful Minds M 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M
7 National Hug a Bear Day 10:00am "Chalice of Salvation" 10:30am Fitness Video M 1:30pm Adult Coloring P 2:30pm Bingo w/ Bears 2 nd FL 3:30pm Social Hour P 6:00pm TV Series: Breaking Boundaries (Science of Our Planet)	8 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Coloring Door Decorations for Veterans P 3:30pm Social Hour w/Music P 6:00pm Film: West Side Story M	9 10:30am Moving to Music M 1:30pm Poetry Group CL 2:30pm Chair Yoga M 3:30pm Social Hour with Technology Help P 6:00pm Night Bingo 2 nd FL CK 6:00pm Downton Abbey M	10 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 1:15pm Door Decorations of 2nd 2:00pm Bingo 2 nd FL CK 3:30pm Social Hour w/ Esai P 6:00pm Documentary: Rita Moreno M	11 10:30am Exercise w/ Marcos M 1:30pm Christopher Heights Songbird Patriotic Version M 2:30pm Resident Run Creative Writing CL 2:30pm Patriotic Trivia Questions P 3:30pm Veterans Day Ceremony M 6:00pm Family Feud M	12 9:30am Coffee & Conversation 10:30am Morning Stretches M 1:30pm Exercise w/Specialist M 2:00pm Big Money Bingo 2 nd FL 3:00pm Drawing 101 w/ Larry 6:00pm Film: The Danish Girl M	13 10:30am Morning DVD Exercise 1:30pm Canasta Players Meet P 2:30pm Wondrium: Washington DC Tour M 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M
14 10:00am "Chalice of Salvation" 10:30am Fitness Video M 1:30pm Adult Coloring P 2:30pm Bingo 2 nd FL CK 3:30pm Social Hour P 6:00pm TV Series: Breaking Boundaries (Science of Our Planet)	15 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm American Indian Heritage Month (Presentation) M 3:30pm Ice Cream Social P 6:00pm Film: The King and I M	16 10:30am Exercise w/ Marcos M 1:15pm Nina's Corner P 2:30pm Chair Yoga M 3:30pm Social Hour with Technology Help P 6:00pm Night Bingo 2 nd FL CK 6:00pm Downton Abbey M	17 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 12:00pm Birthday Meals P 1:15pm Communion Services CL 2:00pm Satisfaction Survey for Activities Department M 3:30pm Social Hour w/ Linda P 6:00pm Admission Scandal M	18 10:30am Exercise w/ Marcos M 1:30pm Christopher Heights Songbird M 2:30pm Creative Writing CL 2:30pm Trivia Questions P 3:30pm History of Thanksgiving with Frank Heston M 6:00pm Family Feud M	19 9:30am Coffee & Conversation 10:30am Morning Stretches M 1:30pm Exercise w/Specialist M 2:00pm Big Money Bingo 2 nd FL 3:30pm Drawing 101 w/ Larry 6:00pm The Wonderful: Stories from the Space Station M	20 10:30am Fitness Video M 1:30pm Canasta Players Meet P 2:30pm Wondrium: Understanding Roman and Greek Technology M 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M
21 10:00am "Chalice of Salvation" 10:30am Fitness Video M 1:30pm Adult Coloring P 2:30pm Bingo 2 nd FL CK 3:30pm Social Hour P 6:00pm TV Series: Breaking Boundaries (Science of Our Planet)	22 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Making Name Plates for Thanksgiving Meal P 3:30pm Jazz Guitar by Patrick M 6:00pm Film: Les Misérables M	23 10:30am Moving to Music M 1:30pm Poetry Group CL 2:30pm Chair Yoga 3:30pm Social Hour with Technology Help P 6:00pm Night Bingo 2 nd FL CK 6:00pm Downton Abbey M	24 9:30am Table Topics & Coffee 10:30am Morning DVD Exercise 2:30pm Community Meeting M 3:30pm Social Hour w/ Esai P 6:00pm Documentary: Home for the Holidays M	25 Thanksgiving Day  10:30am Fitness Video M 12:00pm Thanksgiving Meal CK 1:30pm Christopher Heights Songbird M 2:30pm Resident Run Creative Writing CL 2:30pm Trivia Questions P 3:30pm Social Hour P 6:00pm Family Feud M	26 9:30am Coffee & Conversation 10:30am Morning Stretches M 1:30pm Exercise w/Specialist M 2:00pm Big Money Bingo 2 nd FL 3:30pm Drawing 101 w/ Larry 6:00pm Film: The Starling M	27 10:30am Morning DVD Exercise 1:30pm Canasta Players Meet P 2:30pm Wondrium: Virtual Venice Episode 2 M 3:30pm Social Hour w/ Music P 6:00pm TV Series: Monk (TV-PG Crime/ Comedy) M
28 10:00am "Chalice of Salvation" 10:30am Fitness Video M 1:30pm Adult Coloring P 2:30pm Bingo 2 nd FL CK 3:30pm Social Hour P 6:00pm TV Series: Breaking Boundaries (Science of Our Planet)	29 9:30am Table Topics & Coffee 10:30am DVD Guided Stretches 1:30pm Exercise w/Specialist M 2:30pm Notable Neighbor: Ed Nartowicz M 3:30pm Social Hour w/Music P 6:00pm Film: Oklahoma M	30 10:30am Exercise w/ Marcos M 1:15pm Rumi Cube Players Meet up P 2:30pm Food Forum M 3:30pm Social Hour with Technology Help P 6:00pm Night Bingo 2 nd FL CK 6:00pm Downton Abbey M	<i>Coffee & Conversation will now be held in the Pub</i> <i>Weekday movie showings will start at 6:00pm</i> <i>Saturday & Sundays TV series will begin at 6:00pm</i>	Lorraine L. 2nd Ross E. 2nd Alan K. 4th Joan S. 4th	Rosemary A. 5th Ed N. 7th Monica H. 13th Connie P. 16th	Larry B. 21st Jonesy J. 24th Kathy L. 29th Elizabeth P. 29th