



November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: P- Pub FL- Floor L-Livingroom FD-Front Desk CL- Classroom M- Media Room CK- Country Kitchen CONF- Conference Room		1 10:30am Exercise DVD M 1:30pm Poetry Group CL 2:30pm Moving to Music M 3:30pm Social Hour P 6:15pm Family Feud M	2 7:30am Hot Breakfast CK 9:30am Coffee Hour P 10:30am Morning DVD Exercise 1:15pm Communion's Service CL 2:30pm Bingo 2nd FL CK 3:30pm Social Hour P 6:30pm Film: Good Will Hunting	3 10:30am Exercise DVD 1:30pm Christopher Heights Songbird M 2:30pm Creative Writing CL 3:30pm Social Hour w/ Tech Help P 6:15pm Night Bingo 2 nd FL CK 6:30pm TV: Grantchester M	2 10:30am Dunkin Donuts w/ Karen 1:30pm Belly dance inspired movement with Madelyn M 2:30pm Big Money Bingo 2nd 3:30pm Social Hour P 6:30pm Film: the Guernsey Literary & Potato Peel Pie Society (VDA)	3 8:00am Bus picks up for Blue Bonnet Veterans Meal 10:30am Exercise Video 1:30pm Canasta & Rummikub 2:30pm Large Crossword Puzzle 3:30pm Social Hour P 6:00pm When Calls the Heart M
4 7:30am Hot Breakfast CK 10:00am "Chalice of Salvation" 10:30am Self-Serve Coffee Hour 1:00pm Sunday Football P 1:30pm Veteran Appreciation Crafts 2:30pm Bingo 2nd FL CK 3:30pm Social Hour P 6:00pm Rizzoli & Isles VDA	5 10:00am Trip to Walmart/ Big Y 10:30am Coffee Hour P 10:30am DVD Guided Stretches 1:30pm Trivia Question P 2:30pm Board Games w/ Friends P 3:30pm Ice Cream Social P 6:30pm Film: Fame M (VDA)	6 10:00pm Day in the Town: Northampton Thornes Market w/ Farmers Market FD 1:30pm Ted Talk and Discussion M 2:30pm Chair Yoga M 3:30pm Social Hour P 6:15pm Family Feud M	7 7:30am Hot Breakfast CK 9:30am Coffee Hour P 10:30am Morning DVD Exercise 12:00pm Birthday Meals P 1:15pm Resident Floor Representative Meeting 2:30pm Bingo 2 nd FL CK 3:30pm Social Hour P 6:30pm Film: The Blind Side M	8 10:30am Tai Chi w/ Marcos M 1:30pm Christopher Heights Songbird (Veterans Appreciation) M 2:30pm Creative Writing CL 2:30pm Board Games P 3:30pm Social Hour P 6:15pm Night Bingo 2 nd FL CK 6:30pm TV: Grantchester M	9 Veterans Day 10:30am Dunkin Donuts w/ Karen P 1:15pm Drum Circle Exercise with Tara M 2:30pm Big Money Bingo 2 nd FL 3:30pm Sarah the Fiddler Veterans Appreciation 6:30pm Doc: Alive Day Memories: Home from Iraq VDA	10 10:30am Exercise Video 1:15pm Matinee with Popcorn: Titanic M (with Intermission) 6:00pm When Calls the Heart M
11 7:30am Hot Breakfast CK 10:00am "Chalice of Salvation" 10:30am Self-Serve Coffee Hour 1:00pm Sunday Football P 1:30pm Painting Ceramic Pumpkins 2nd FL CK 2:30pm Bingo 2 nd FL CK 3:30pm Wine and Appetizers P 6:00pm Rizzoli & Isles VDA	12 10:30am Coffee Hour P 10:30am DVD Guided Stretches 1:30pm Trivia Questions P 2:30pm Board Games w/Friends 3:30pm Social Hour 6:30pm Film: The Wizard of OZ M	13 10:00am Atkins Farms Shopping Trip L 1:30pm Poetry Group CL 2:30pm Chair Yoga M 3:30pm Social Hour P 6:15pm Family Feud M	14 7:30am Hot Breakfast CK 8:20am Hearing Aid Clinic S 9:30am Coffee Hour P 10:30am Morning DVD Exercise 1:15pm Meet the Candidate 2:30pm Bingo 2 nd FL CK 3:30pm Social Hour P 6:30pm Film: The Scent of a Women M (VDA) Rated R	17 9:15am Eric Carle Museum and Free Lunch 1:45pm Songbird M 2:45pm Creative Writing CL 2:30pm Board Games P 3:30pm Social Hour w/ Tech Help P 6:15pm Night Bingo 2 nd FL CK 6:30pm Open Poetry Reading L 6:30pm TV: Grantchester M	18 10:30am Dunkin Donuts w/ Karen P 1:30pm Tibetan Singing Bowl Experience with Brya M 2:30pm Big Money Bingo 2 nd FL 3:30pm History of Greco-Roman Wrestling with Sandra and Marcos M 6:30pm Film: Sweet November	19 10:30am Exercise Video 1:30pm Canasta & Rummikub P 2:30pm Jim Scott Performance M 3:30pm Social Hour P 6:00pm When Calls the Heart M
20 7:30am Hot Breakfast CK 10:00am "Chalice of Salvation" 10:30am Self-Serve Coffee Hour 1:00pm Sunday Football P 1:30pm Craft Hour Make a Simple Gift: Family Program 2 nd FL CK 2:30pm Bingo 2 nd FL CK 3:00pm Young @ Heart Concert 3:30pm Social Hour P 6:00pm Rizzoli & Isles VDA	21 10:00am Trip to Walmart/ Big Y 10:30am Coffee Hour P 1:30pm Trivia Questions P 2:30pm Board Games w/Friends 3:30pm Hot Coco Special Social Hour P 6:30pm Film: The Kings Speech M	22 10:30am Technology Help with Tori (Sign up at front desk) 1:00pm Niko the therapy Dog P 2:30pm Chair Yoga M 3:30pm Pilgrims & Puritans Presentation with Frank Heston 6:15pm Family Feud M	23 7:30am Hot Breakfast CK 9:30am Coffee Hour P 10:30am Morning DVD Exercise 1:15pm Communion's Service CL 2:30pm Bingo 2 nd FL CK 3:30pm Social Hour P 6:30pm Film: August: Osage County (VDA) Rated R	24 Thanksgiving 10:30am Tai Chi w/ Marcos M 12:00pm Thanksgiving Meal 1:30pm Thanksgiving Songbird 2:30pm Board Games P 3:30pm Social Hour w/ Tech Help P 6:15pm Night Bingo 2 nd FL CK 6:30pm Open Poetry Reading L 6:30pm TV: Grantchester M	25 10:30am Dunkin Donuts w/ Karen P 1:30pm History of Hospital Hill with Kate M 2:30pm Big Money Bingo 2 nd FL 3:30pm Fresh Fruit Snacks P 6:30pm Film: The Tender Bar M	26 10:30am Exercise Video 1:30pm Canasta & Rummikub P 2:30pm Large Crossword Puzzle 3:30pm Vicky Rose M 6:00pm When Calls the Heart M
27 10:00am "Chalice of Salvation" 10:30am Self-Serve Coffee Hour 1:00pm Sunday Football P 1:30pm Make a Simple Gift for Family Program 2 nd FL CK 2:30pm Exercise with Peter M 6:00pm Rizzoli & Isles VDA	28 10:30am Coffee Hour P 1:30pm Trivia Questions P 2:30pm Board Games w/Friends 3:30pm Notable Neighbors: E. Ross Basset M 6:30pm Mona Lisa's Smile M	29 10:30am Moving to Music M 1:15pm Blood Pressure Clinic M 2:30pm Food Forum M 3:30pm Social Hour P 6:15pm Family Feud M	30 7:30am Hot Breakfast CK 9:30am Coffee Hour P 10:30am Morning DVD Exercise 2:00pm Community Meeting M 3:30pm Social Hour P 6:30pm Film: The Pollock (VDA)		Ross B. 2nd Raymond C. 3rd Alan K. 4th Joan S. 4th Ed N. 7th	Monica H. 13 th Nancy W. 15 th Connie P. 16 th Larry B. 21 st Elizabeth P. 29 th Kathy L. 29 th